

Contents

EDITORIAL

HIGH PERFORMING TEAMS

- 8 The Winning Strokes: Lessons On High Performing Teams From The World Of Sport
by: Anita Bhogle & Harsha Bhogle
- 14 Demystifying High Performance Teams-Perspectives From The Corporate World
by: Dr. Sujaya Banerjee
- 18 Making Teamwork Work: The Importance Of Performance Diversity In A Team
by: Shraboni Mazumder
- 22 Getting The Best Out Of Virtual Teams: Perspectives From 'On The Ground'
by: Gowrishankar Hosakere
- 26 High Performance Teams: Defining Dimensions
by: Harish Devarajan
- 30 Creating A High Performance Culture- How Can HR Make A Difference?
by: Narasimha Murthy T
- 34 The 7 Mantras Of Leading High Performing Teams- What Great Leaders Do
by: Shajan Samuel
- 38 Building High Performance Teams- Organization As A Facilitator
by: Amitabh Jha

Face To Face

- 43 The Power Of Self Managed Teams
(Interview with Prof. Mathew J Manimala)
- 48 Saving Lives-The Magic Behind High Performing Teams In The Medical Profession
(Interview with Dr. Dhananjaya B)

WELL BEING

- 54 Getting The Best Out Of Life
by: Dr. Devi Shetty

PERSONAL EFFECTIVENESS

- 59 Put A "S.T.O.P" To Your Email Woes!
by: Anupama Raju

PEOPLE PRACTICES & TALENT MANAGEMENT

- 64 The Strategic Development Dilemma
by: Kabir Shiv Gangjee
- 68 Conflict Management-The NLP Way
by: Dr. A. Abraham