



TVRLS

Talent Management & Organisation
Development

Effective Mentoring



Action Oriented Workshop by TVRLS

Weekend Virtual Program Commences on 30 May, 2026

Importance of Mentoring

Think about the best professional relationship you've ever had, someone who saw your potential, challenged your thinking, and helped you grow. This program is here to help you become that person for someone else, and to experience that kind of growth yourself.

The 'Effective Mentoring' Program recognises that great people build great organisations, and that great people grow through meaningful relationships. When skilled mentors have motivated mentees, the resultant environment fosters a culture where knowledge is shared openly, self-awareness is deepened, and professional excellence is pursued with a strong intent.

INVESTMENTS

- INR 16,000 per participant + GST 18% or as applicable.
- The course fee for International participants is US\$ 300

PROGRAM DATES

Virtual Classroom (Zoom)

May 30, 31 2026

Saturday: 09.00 am to 01.00 pm (4 hours)

Sunday: 09.00 am to 12.00 PM (3 hours)

Program Objectives

1 Build a Shared Understanding of Mentoring by distinguishing it from coaching, training, and other developmental initiatives.

2 Build Core Mentoring skills and enable mentors to identify, understand, and adopt appropriate mentoring styles

3 To Deepen Self-Awareness and Emotional Intelligence and use them in real mentoring conversations

4 Build the capacity of mentors to navigate challenging mentoring conversations with composure and empathy.

Program Structure

A total of 3 Modules will be covered across the 2-Day Workshop

MODULE 1

Key Concepts of Mentoring & Mentoring skills

- What is Mentoring ?
- Developing a Mentoring Mindset
- Adopting different Mentoring Styles

MODULE 2

Enhanced Self Awareness

- Psychometric tools to help mentees & mentors know more about themselves
- SBI Technique of Feedback
- Handling Challenges in Mentoring

MODULE 3

Practicing Real Mentoring Conversations

- Structuring Mentoring Conversations
- Derailers of Mentoring
- Ethics, Biases & Boundaries in Mentoring
- Personal Action Planning

PROGRAM MATERIAL

- Workbook
- Slide Decks used in workshop
- Handbook of IDPs

This workshop is ideal for all Line Managers & HR Professionals who are keen to be Mentors or are keen on starting a Mentoring program in their Organisation.

The TVRLS Advantage

1

Pioneer in the Country in 360 Degree Feedback & ADCs

2

Value-based solutions, which are business-driven and derived from organisational experiences.

3

Research-driven approach. Only Consulting Firm with its own publications, manuals and books focused on knowledge and learning. (HRD Audit, PMS and 360 Degree, etc.)

4

Passionate team of consultants from reputable institutes, IIMA, XLRI, NMIMS, with diverse backgrounds: Engineering, Marketing, Psychology and HR

5

Extensive experience of having worked with a variety of organizations including leading business houses in the country

6

Trademarked methodologies & Instruments (Psychometric Instruments, RSDQ Model of Leadership, HRD Audit 2500™ Scorecard, RSBCM method for Competency Mapping)

Other Programs by TVRLS

Certificate Programs

1. Competency Mapping and its effective deployment
2. Designing & Implementing Assessment Development Centres
3. Strategic Performance Management Systems
4. Psychometric Testing
5. Designing and Developing Effective Training Programs
6. HRD Audit 2500™ Points

Workshops

1. Competency-Based Interviewing with focus on BEI
2. Creating Individual Development Plans
3. Self-Discovery
4. Introduction to Coaching
5. Design Thinking
6. Psychology Applied to Work Life
7. Working with Gen Z
8. Design Thinking for Innovation

Celebrating **30** Years of Consulting in the areas of 360 Degree Feedback System, Assessment Development Centres, Performance Management System, Competency Mapping, HRD Audit & Scorecard and other customised management development programs

Contact Us At

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